

# **DAILY LESSON PLAN**

**(NO.1)**

**Unit:3**

**HUMAN HEALTH**

**Date:**

**Year level: 4**

**Topic:**

➤ Health, Symptoms of illness

**Key Learning Area:**

Health, Symptoms of illness

**Lesson Outcomes:**

➤ Students will be able to learn about the Health and Symptoms of illness

**Required days: 1 day**

**LESSON STRUCTURE:**

**Teaching hours: 40 min.**

Time	Introduction (Set):	Teaching Approaches
<b>Total time:</b> <b>5 min.</b>  5 min.	Introduce the concept of Health and Symptoms of diseases	<b><u>Method:</u></b> <u>Class discussion and Visualization</u> Students will be asked about the importance of health and its maintenance. Students will be asked about the common symptoms of diseases such as fever, flu, cough, influenza, and allergies. (Class Discussion)

Time	Main content:	Teaching approaches
<b>Total time:</b> <b>30 min.</b> 30 min.	Tell the students about Health. Also, tell the students about the symptoms of illness such as fever, cough, influenza, and allergies	<b><u>Method:</u></b> <u>Class discussion, Reading and Writing</u> Read the respective concept from the course book and discuss its important concepts with the students. Show a video related to a healthy lifestyle to the students. <b>【Consult video aids section related to this topic (video length: 3 min.)】</b>  Solve short question no. 2 from the exercise of the course book.

Time	Conclusion:	Teaching approaches
<b>Total time: 5 min.</b>	Students will be asked about: <ul style="list-style-type: none"> <li>➤ The health and symptoms of diseases</li> </ul>	<b><u>Method:</u></b> Inquiry-based method  Ask questions about the concepts being delivered Solve exercise MCQ that are related to this topic

### **RESOURCES:**

#### **Need resources such as :**

- Video Aid
- Course Book
- Whiteboard
- Board Marker

### **SAFETY CONSIDERATION:**

None

### **ASSESSMENT:**

Assessment can be done through:

- Exercise-based questions
- Reading Visual pictures
- Asking conceptual questions

### **REFLECTION:**

This teaching strategy has helped students to:

- Learn about Health and Symptoms of illness